



A light to my path. Psalm 119:105

## Deep Calls to Deep!

While at the ocean this week, the waves had gone over me several times. I recalled the words “Deep calls to deep.” Psalm 42:7 (NKJV) states, “Deep calls unto deep at the noise of Your (Abba) water fall; all Your waves and billows have gone over me.”, but verse 7 is not about waves of water. The theme of Psalm 42 is a *yearning for God in the midst of distress*.

As we look at the events around us and those within our own home, we find a need for relief. In the pounding of falling water into a pool of water, we see great power and pressure. Demands of a job, pressure brought by seemingly unending work, nagging stress of child rearing, delicate balance of a marital relationship, and having no time for self brings great pressure. The demands are like waves of ocean water that overcome us.

Those demands, like ocean waves, can knock us down and make it difficult to stand up again. Those demands can be as noisy as falling water. It is easy to walk away from the noise of a waterfall or cover our ears to dim the noise.

How do we escape the noise of the demands coming at us? The first hint is found in the word “billows.” In Hebrew, “billows” means “redeem.” Therefore, when waves of life overcome us, we

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must remember that we are redeemed. In Psalm 42:11 we find, “Why are you cast down, O my soul? And why are you disquieted within me? Hope in God; for I shall yet praise Him, the help of my countenance and my God.” Did you see the redemption in this verse? It is the hope of God! In Hebrew “hope” means “to wait expectantly.” We can wait expectantly when we know Jesus as our Redeemer, Savior and Lord. In that knowledge we can face the waves of demands while praising Jesus for His strength to stand. We can apply Proverbs 3:5-6 *trusting the LORD with all our heart, and not leaning on our own understanding*. Doing this allows Abba to direct our paths.

I reach out and touch you with the healing power of Abba to stand in the midst of your waves and declare that Jesus is Lord of your situation. In this you shall be greatly blessed. Shalom!!

Psalm 42:7, 11; Proverbs 3:5-6,

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