

Pray Unceasingly!

The Apostle Paul wrote in 1 Thessalonians 5:17 to *pray without ceasing*. At first glance, this instruction would look impossible to accomplish. Those words coming from one without understanding could sound like a law. To *pray without ceasing* is neither impossible nor a law. Prayer is talking to Abba like a son or daughter talks to their father. We can talk to Abba Father while driving a vehicle, riding a bike, hiking a trail, shopping, standing in a shower, sitting alone, lying on our bed, or just standing and looking at something. Abba is everywhere. He is always in our presence, and He wants us to join Him in His Presence. In His Presence, Abba will talk to us and we listen. Truly, it is no different than talking to our earthly father when we are in his presence. I encourage you to see Abba as your Father and talk to Him wherever you may be, for in doing so you will be greatly blessed. Shalom!!

1 Thessalonians 5:16-18; Proverbs 16:7, 9; Romans 12:2; Psalm 139:7-12; Psalm 37:5; Philippians 4:6-7

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