



A light to my path. Psalm 119:105

## **Forgiveness Brings Healing!**

When our body is injured, a neutrophil, an antibody in our blood, moves to the injured area and squeezes between two blood vessel cells entering the injured area outside the blood vessel. There, the neutrophil transforms into a macrophage that cleans away the injured tissue bringing healing.

When our spirit is injured by someone who spoke words or demonstrated actions, we perceive to be against us, we reject that person and isolate ourselves from them. The injury to our spirit remains until we seek out the one, we have rejected to talk through the situation. When we forgive the one who injured our spirit, Abba's power of love brings healing and unity to us.

I bless you with the strength to seek out someone who has injured you by their words or actions allowing the healing power of Abba's love to heal you. Shalom!!

Romans 3:23, Ephesians 4::32, Luke 6:45, Proverbs 12:18, James 3:5-10, Matthew 18:21-22

## **Love Life Ministry**

### **Touching People with the Healing Power of God's Love®**

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