



A light to my path. Psalm 119:105

## **Anger or forgiveness?**

Anger is a tool of Satan. When we accept his intrusion of that tool into our mind, he uses it to steal our peace and turn it into hatred that can end our life prematurely (John 10:10). No person or situation can make us angry. When our parents, siblings, spouse, friends, employer, coworkers, or neighbors say or do something that hurt us, Satan brings thoughts to our mind about them, and we become angry with them (Genesis 4:3-8). Truly, the anger comes from the thoughts Satan gives us about them. We will either accept those thoughts or reject them.

Forgiving someone for their words or actions extinguishes the fire of anger and prevents hatred from coming (Matthew 18:21-22). Saying, "I forgive, but I will not forget." is not true forgiveness. True forgiveness comes from the mind of Christ, who abides in us (Galatians 2:20). Therefore, to forgive, we must change our thinking through the mind of Christ, which is the biblical scriptures (Romans 12:2). Then our emotions will change (Hebrews 8:12, Proverbs 10:12, Colossians 1:13-14). It is the only effective way to transition from anger to forgiveness.

Beloved, abide in Christ always, because forgiveness is seeing people through the eyes of Jesus (2 Corinthians 5:14-16). Someone or something will challenge you. Shalom!

## **Love Life Ministry**

### **Touching People with the Healing Power of God's Love®**

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