



A light to my path. Psalm 119:105

Our Daily Bread!

Jesus taught His disciples to pray, asking for their daily bread (Matthew 6:8-13 NKJV). Eating bread is more than taking away hunger. Our bodies have millions of hungry cells. Blood absorbs digested food and carries it to our cells. Without food and water, those cells become weak, and our bodies are exhausted.

We are spirit beings living in a physical body and must feed our spirit heart to grow and nourish it. Its daily bread is God's word we read in the Bible and hear in teaching and preaching. Listening to and reading God's word brings born-again salvation, establishes spiritual insight, and builds a foundation of right believing. Each of these is a vital sign of life in our spirit.

When we depend on Abba for food to feed our physical bodies and spirit hearts, he will bless us with a long life and show us His salvation (Psalm 91:16). Therefore, we must be careful about what we eat, see, hear, and read (1 Corinthians 10:31, Luke 11:34, Isaiah 55:3).

Beloved, Jesus said, "I am the bread of life. He who comes to me shall never hunger, and he who believes in me shall never thirst" (John 6:35). Shalom!!

Love Life Ministry

Touching People with the Healing Power of God's Love®

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