



A light to my path. Psalm 119:105

Is Your Life Hard-Packed Ground?

The hard-packed dirt of a path happens from much travel by people, animals, and a scorching sun. Paths are necessary and useful. The hard-packed surface makes walking easy compared to soft soil. However, a hard heart gives a life of much trouble (Matthew 13:19, NKJV).

Beloved, God provided hard-packed paths for our comfort and ease. But he gave us a spirit heart so he could speak words of comfort and teach us how to live with him in a hard and troubled world. When we let situations trouble our mind, that trouble enters our spirit heart. Jesus tells us not to let our hearts become troubled. Instead, we are to believe in God through him (John 14:1). Jesus confirms his word by saying it is he who gives us peace. Therefore, we should not let our hearts become troubled or afraid (John 14:27). With troubled hearts, we cannot make the right decisions. Neither can we go to God asking for his help. Truly, we cannot make the right decisions apart from Jesus, for he said unless we live in him, we cannot do much successfully (John 15:5). A troubled spirit heart makes our physical heart stressed, which makes it weak and leads to coronary troubles. A troubled spirit heart weakens our immune system, which allows diseases to enter and cancers to form in our body. Therefore, do not allow family or marital issues, employment or financial issues, or sickness to trouble your mind and heart (Psalm 20: 1-9).
Shalom!!

Love Life Ministry, Inc.

Touching People with the Healing Power of God's Love®

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