



A light to my path. Psalm 119:105

Let Go and Let God Have It!

Have you ever held on to a troubling situation, continually trying to resolve it? Perhaps you are in a relationship with someone you think owes you for the offense they caused. Maybe you are carrying regret for something you did or said and continue to tell yourself you should not have done it or said it. God tells us to let go of the past and look to what he has for us in the future (Philippians 3:13-14, Isaiah 43:18-19, NKJV). Not letting go of the past or the present trouble is a sign of stubbornness, a sign of pride, which precedes a fall (Proverbs 21:24, Proverbs 16:8). I speak from my experience. In the past, I looked in a mirror and saw the word “stubborn” on my forehead. Then I saw an eight-year-old girl holding onto the doorknob of a very heavy door trying hard to open it but could not. Without letting go of the knob, she looked at her father, asking him to help her. He told her to let go of the knob, but she would not. Her constant reply was for her father to help her. I realized her father could not help her without hurting her hand. He waited for her to let go. She continued to hold on to the knob, waiting for his help. There was a stalemate. The eight-year-old girl represents our weakness in letting go. The father represents God. This scene caused me to realize I had to humble myself by letting go of my trouble and letting God handle it for me (Proverbs 15:33, Luke 14:11, Psalm 147:6). When you let go of your troubles and give them to God, He shall bless you greatly.

Shalom!!

Love Life Ministry, Inc.

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